

Planet**H**OP**E** ASIA

Making a world of difference

# NEWSLETTER

2024





The month of January commenced with an aura of positivity and hope, setting the tone for a productive period ahead. Various activities were organized to foster growth, empowerment, and awareness among the community, particularly focusing on women's roles and opportunities.

New Year celebration with Students from the community centre: The New Year started off with good cheer and fun by symbolically cutting the cake in order to mark a new sweet beginning along with the community tuition children. The highlight of the celebration was the symbolic cutting of the New Year cake. The cake symbolized the sweetness and promise of the upcoming year, serving as a metaphor for new beginnings and fresh opportunities. As the children eagerly gathered around the cake, there was an air of excitement





and anticipation. The involvement of children from the community tuition program added a special touch to the celebration. These children, often from underprivileged backgrounds, were given the opportunity to participate in a joyful event that they may not have experienced otherwise. Their presence infused the celebration with innocence, energy, and a sense of unity. In essence, it was more than just a celebration; it was a reaffirmation of the power of community and the spirit of togetherness in overcoming challenges and embracing new beginnings.

The commencement of the month witnessed a significant milestone as individuals graduated from the Basic Computer Skills program. This initiative aimed to equip participants with fundamental computer literacy, empowering them with essential skills for the digital age.

## **Awareness and Empowerment Programs:**

One of the focal points of January's initiatives was the empowerment of women through awareness programs. These programs delved into the importance of employment for women, shedding light on the value of work and its significance in their lives.



A dedicated session was conducted to underscore the importance of employment, particularly for women. Participants were enlightened on the intrinsic value of pursuing jobs, elucidating the manifold benefits and opportunities that employment offers. The session meticulously elucidated the reasons why women are encouraged to seek employment. Through interactive discussions and informative presentations, participants gained insights into the societal, economic, and personal advantages associated with women in the workforce.

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To enhance understanding and engagement, the awareness program incorporated role-playing activities. These interactive sessions enabled participants to immerse themselves in simulated scenarios, fostering deeper comprehension and empathy towards the challenges and opportunities women encounter in the workplace.

January marked a period of enlightenment and empowerment, with initiatives aimed at equipping individuals, especially women, with the knowledge, skills, and awareness necessary to thrive in today's dynamic society. As we stride into the coming months, we remain committed to fostering inclusivity, empowerment, and progress within our community.

## **Exams for all the courses:**

The recent examinations for various courses offered to women in our institution have concluded successfully. These courses include tailoring, beautician and tassel work, as well as computer proficiency. The examinations aimed to assess the skills and knowledge acquired by the participants over the course duration. Across all courses, the performance of women has been



commendable. They have demonstrated dedication, skill, and a strong grasp of the subject matter. The results reflect their commitment to learning and personal development.



**Tailoring Course:** In the tailoring course, participants showcased exceptional craftsmanship and attention to detail. Their ability to create intricate designs and stitch patterns reflects a high level of proficiency in tailoring techniques. The creativity and precision displayed in their work are truly impressive.





**Beautician and Tassel work:** Women enrolled in the beautician and tassel work course exhibited remarkable talent and expertise in various aspects of beauty treatment and tassel work. Their mastery of techniques such as hair styling, makeup application, and tassel ornamentation underscores their commitment to mastering their craft.

## **ICT Exams :**

In the computer proficiency course, participants demonstrated a strong understanding of fundamental computer skills and applications. From basic operations to more advanced tasks, they exhibited confidence and proficiency in navigating digital environments. Their ability to adapt to technology reflects their readiness to excel in today's digital age.





As we approach the month of February, we find ourselves at the intersection of endings and beginnings. This month, we celebrate the accomplishments of our ICT course graduates and welcome a fresh batch of aspiring beauticians and tailors to our community

We take immense pride in congratulating our graduates from the Information and Communication Technology (ICT) courses. Their dedication, perseverance, and hard work have culminated in this significant milestone. As they embark on new journeys, equipped with valuable skills and knowledge in the dynamic field of technology, we wish them every success in their future endeavours.



## Special Recognition:

In addition to our ICT course graduates, we are delighted to extend special recognition to Our Tally students who also attended basic computer classes as well. They have successfully completed their respective courses and now have another feather in their cap. Each of them has received a certificate of completion, symbolizing their dedication and commitment to mastering essential computer skills and tally.

Their achievements are a testament to their hard work, determination, and eagerness to learn.

As we *Making a world of difference* celebrate the achievements of all our graduates, let us reaffirm our commitment to excellence, continuous learning, and the pursuit of knowledge.







## Beginning of Vocational training and ICT courses:

In the spirit of fresh beginnings, we extend a warm welcome to the newest members of our community - the aspiring beauticians, Saree tassel work professionals and tailors. As they embark on their educational journey with us, we are excited to witness their growth, creativity, and passion unfold.



Each batch, comprising fresh talents and eager learners, will be an integral part of our community for the next 6 months. During this time, they will immerse themselves in our comprehensive courses designed to provide hands-on training, industry insights, and practical skills essential for success in their respective fields



Our beautician course delves into the artistry of makeup application, skincare techniques, and salon management. Through a combination of theory and practical sessions, students will develop the expertise needed to excel in the dynamic beauty industry.



In the Saree tassel work course, students will explore the intricate art of embellishing saree with exquisite tassel designs. They will learn various techniques, patterns, and styles to enhance the beauty and elegance of traditional attire.

Our tailoring course equips students with the knowledge and skills to create bespoke garments that reflect individual style and creativity. From mastering sewing techniques to understanding



garment construction, students will gain a comprehensive understanding of the tailoring craft.

As our new students embark on this enriching journey, we encourage them to embrace every opportunity, challenge themselves, and unleash their creativity. Together, we will celebrate achievements, overcome obstacles, and forge lasting connections that will shape their professional journeys for years to come.



As we embark on this exciting journey together, let us inspire, support, and uplift one another in pursuit of excellence and personal fulfilment in the vibrant realms of beauty and fashion.



We are thrilled to share the highlights of the empowering events and initiatives that took place in our community throughout the month of March. From celebrating Women's Day to fostering awareness about legal rights, mental health, and domestic violence, our community came together to promote education, empowerment, and support for all.

## International womens day celebration

In honor of International Women's Day and Women's Week, an awareness program on legal rights was conducted by the Durga Foundation in the Domlur community. Participants gained valuable insights into their legal rights and resources available to them.





## Mental health awareness program:

NIMHANS organized a mental health awareness program specifically tailored for students of the beautician community. Participants learned about the importance of mental health and received guidance on coping mechanisms and support services.



## Domestic violence awareness:

Interns from St. Joseph's University conducted an awareness program on domestic violence for Khuchu and beautician students. The session aimed to educate participants about recognizing signs of



domestic violence and accessing support.



### Khuchu class graduation ceremony:

The highlight of the month was the graduation ceremony for women who successfully completed





the Khuchu class. With flying colors, these graduates are now poised to become entrepreneurs. A celebratory cake cutting and lunch followed the graduation ceremony, marking a significant milestone in their journey.



**Empowerment programs** were held across all centers on topics including social media awareness, Cyber bullying awareness, Cyber scamming Prevention, Cyber security measure and Preventing addictions of gadget. These programs provided valuable knowledge and skills to community members, empowering them to navigate the digital landscape and manage their finances effectively.



**Introduction:** Women Empowerment Program on Social Media Awareness in all the centre's aimed at addressing crucial issues surrounding Cyberbullying, Cyber scamming, and cyber security. The program sought to empower women with knowledge and tools to navigate the digital landscape safely.



**Content:** The trainer delivered live examples, which effectively illustrated the risks associated with cyberbullying, cyber scamming, and inadequate cyber security measures. Through these examples, the participants gained a deeper understanding of the importance of vigilance and caution while engaging online. The participants



were highly attentive throughout the program, demonstrating keen interest in the topics discussed. They actively participated by asking questions and seeking clarification on matters such as preventing addiction to gadgets among children. This engagement highlighted the relevance and significance of the issues addressed, reflecting the audience's commitment to promoting safer online environments.



**Cyber bullying awareness:** The participants learned about the various forms of cyberbullying and its detrimental effects on individuals' mental health and well-being. They gained insights into identifying and addressing cyberbullying instances effectively.



**Cyber scamming Prevention:** The program equipped participants with strategies to recognize and avoid falling victim to cyber scams. Understanding common tactics used by scammers enabled attendees to protect themselves and their loved ones from financial and personal harm.



**Cyber security measure:** Practical tips and best practices for enhancing cyber security were shared, empowering women to safeguard their online identities and data. Attendees learned about the importance of strong passwords, software updates, and exercising caution when sharing personal information online.



**Preventing addictions of gadget:** Addressing concerns related to children's excessive gadget usage, the program discussed proactive measures parents can take to mitigate the risk of addiction. Strategies included setting screen time limits, encouraging outdoor activities, and fostering open communication with children about responsible technology use.



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## New batch inauguration at Jyothi School:

We are Pleased to share about the commencement of a new batch for basic computer students, specifically tailored for girls. This certificate program spans over a duration of three months and aims to equip students with essential computer skills while also delving into graphic designing software.



### Objective:

The primary objective of this program is to empower young girls with foundational computer knowledge that is increasingly becoming indispensable in today's digital age. Additionally,



by incorporating graphic designing software into the curriculum, we aim to provide students with valuable skills that are in high demand in various industries. By enrolling in this program, students can expect to: Gain proficiency in fundamental computer skills essential for academic, personal, and professional growth.

Develop hands-on experience with graphic designing software, enhancing their creativity and marketability in various industries. Receive a certificate upon successful completion of the program, validating their skills and knowledge.





The initiation of the basic computer certificate program for girls at Jyothi School signifies our commitment to empowering young women with essential digital skills. By equipping them with computer literacy and graphic designing expertise, we aim to open doors to numerous opportunities and empower them to thrive in an increasingly technology-driven world.

